Date: June 24, 2024

Subject: Final Summary Explanations of $100,000.00

Reference: SCPRT Grant 2024

**Child Safety Around Water/Summer Camp**

* Once a week for a period of 9 weeks, children were taught the basics to be safe around water.
* They were taught entering, exiting water safely, basic floating, proper ways to breath under and on top of the water, how to safely help someone else having trouble in the water.
* We were able to reach a larger number of children of various ages.
* Taught children to be safe while reducing fear which helps to minimize the threat of drowning, which was good for individual and larger communities.
* 100 children participated.

**Summer Camp/After School/Early Learning**:

* The Early Learning Program targets children ranging from 3 years of age to 5. Our goal is to use a Creative Learning Curriculum to focus on the following: Cognitive Development, Social & Emotional Growth, and Long-Term Impacts. The Y Early Learning Program was able to serve 25 children in the program from August – June 2024. Through the Y-Early Learning Program we were able to successfully prepare children to transition from the Y-Early Learning Program into PreK/Kindergarten for the 24-25 school year.
* The purpose of the Cane Bay Family YMCA Summer Camp is to provide an environment where children can explore nature, find new talents, try new activities, gain independence, form friendships, and create memories. There are weekly themed options for the campers. The students engage in S.T.E.M (Science, Technology, Engineering, and Mathematics) activities, and they explore the Arts through hands-on experiences. The summer camp services from 75-100 campers on a weekly basis (9 weeks), ranging from 5-15 years of age.
* The goal of the Afterschool Care Program is to support social, emotional, cognitive, and academic development. The students engaged in activities to reduce risky behaviors. The students participated in individual/team-building activities that promote physical health, self-awareness, and self-confidence. Each day the students were provided with a healthy snack to help them transition from school to aftercare. The afterschool care program serviced 20-25 children on a weekly basis from August – June 2024. The YMCA Afterschool Care Program strives to provide a safe and supportive environment for the children to thrive.

**Youth Athletic Sports Supplies/NFL Flag Football/Sports Insurance**

* Purchase of special insurance for NFL Flag Football
* Over 2,700 participants participated in sports activities (soccer, volleyball, basketball, t-ball, coach pitch, cheer and NFL flag football).
* Community and business involvement, which included over $5,000 in sponsorships

Community Wellness Equipment/Youth Wellness Programs

* Continuous servicing and scheduled maintenance on all Cardio, strength and sports equipment (eg. treadmills, bikes ellipticals, worn cables, and protective gear for signs of wear and tear.
* Regular cleaning of all equipment (cleaning supplies)
* Equipment used by approximately 1000 guest a week
* Program assessments: regular review of the effectiveness of youth wellness
* Staff training to help train youth on proper use of equipment
* Community involvement in wellness programs fosters a sense of ownership and responsibility in each one’s health.

**Cultural Arts Enrichment and Obesity Prevention Wellness**

* The program didn’t only cater to low to mid income families but all families regardless of income were welcome to participate.
* It also helped to build morals, discipline and most importantly, help to combat obesity for children ages 3 to 15, through a fun, creative form of exercise.
* The program ran from September to May, which ended with a final performance and welcomed an audience of approximately 1200 guests.
* Over 100 students participate in this program as well as a host of volunteers.

**YMCA community Health Initiative Marketing and Collaborations**

* New mover mailouts sent to 700 homes emails to over 10,000 to active, inactive and potential participants as well as distribution of 6000 copies of Cane Bay living magazines ads.

**Tennis/Pickleball Courts**

* Over 225 families participating in Tennis lessons and Pickleball games

**Healthy Kids Day**

* Annual event hosted each year by the YMCAs across the US to promote the health and wellbeing of children and families through a range of activities focused on healthy eating habits and physical activities
* Over 150 attendees’ participation

**Parkinson’s Wellness Recovery Group Fitness**

* program is a comprehensive program that starts with basic body movements that are targeted to improve Parkinson’s specific changes in posture, weight shifting, trunk rotation and transition movements.
* incorporated progressive aerobic exercise and specific skill practice to drive changes in the brain which requires high effort and focus.
* 10 regular participants

Yours Sincerely,

Myra Chamble

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